When I was about ten years old my Father and mother
 agreed to disagree and I went to live with my Grandfather,
 and Grandmother. He was a retired farmer and lumberman. As I
 see him in retrospect, he was a very remarkable man After he
 returned from Civil War he settled in the small Vermont
 town where I was later to grow up. His original capital con sisted of a small, unimproved hillside farm, as sweet and
 willing helpmeet, and enormous determination to succeed in
 whatever he attempted. He was a man of high native intelli gence, a voracious reader, though little educated in the
 school sense of the word. There was plenty of financial
 sense in his make-up and he was a man of real vision. Under
 other conditions he might well have become master of an in dustry or railroad empire.

15. My Grandmother brought into the world three children, 16.one of whom was my Mother. I can still seem to hear her tell-17.ing of the struggle of those early days. Such matters as 18.cooking for twenty woodchoppers, looking after the diary, 19.making most of the clothes for the family, long winter rides 20.at twenty below zero to fetch my Grandfather home over snow-21.bound roads, seeing him of long before daylight that he and 22.the choppers might have their access thawed out so that work 23.might begin on the mountaintop at daylight- this is the thought 24.of tradition upon which they nourished me. They finally 25.achieved their competence and retired late in life to enjoy 26.a well earned rest and the respect and affection of their

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27.neighbors. They were the sort of people, I see now, who 28.really made America.

29. But I had other ideas - much bigger and better ones 30.so I thought. I was to be of the war generation which dis-31.ipated the homely virtues, the hard earned savings, the 32.pioneering tradition, and the incredible stamina of your parents 33.Grandfather and mine.

I too was ambitious - very ambitious, but very un-34. 35.disciplined. Inspite of everyone's effort to correct that con-36.dition. I had a genius for evading, postponing or shirking 37.those things which I did not like to do, but when thoroughly 38.interested, everything I had was thrown into the persuit of 39.my objective. My will to succeed at special undertakings on 40.which my heart were set was very great. There was a persis-41.tence, a patience, and a dogged obstinacy, that drove me on. 42.My Grandfather used to love to argue with me with the object 43.of convincing me of the impossibility of some venture or 44.another in order to enjoy watching me'tilt at the windmill' 45.he had erected. One day he said to me - I have just been 46. reading that no one in the world byt an Australian can make 47.and throw a boomerang. This spark struck tinder and every-48.thing and every activity was instantly laid aside until it 49.could be demonstrated that he was mistaken. The woodbox was 50.not filled, no school work was done, nor could I hardly be 51.persuaded to eat or to go to bed. After a month or more of 52.this thing a boomerang was constructed which I threw around

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53.the church steeple. On its return trip it went into trans-54.ports of joy because it all but decapitated my Grandfather 55.who stood near me.

56. I presently left the country school and fared forth 57.into the great world I had read about in books. My first 58. journey took me only five miles to an adjoining town where I 59.commenced to attend a seminary well known in our section of 60.the state. Here competition was much more severe and I was 61.challenged on all sides to do the seemingly impossible. There 62.was the matter of athletics and I was soon burning with the 63. ambition to become a great baseball player. This was pretty 64.discouraging to begin with, as I was tall for my age, quite 65.awkward, and not very fast on my feed, but I literally worked 66.at it while others slept or otherwise amused themselves and 67. in my second year became captain of the team, whereupon my 68.interest began to languish, for by that time someone had told 69.me I had no ear for music, which I have since discovered is 70.almost true. Despite obstacles I managed to appear in a few 71.song recitals whereupon my interest in singing disappeared 72.and I got terribly serious about learning to play the violin. 73. This grew into a real obsession and to the consternation of 74.my teachers, grew in the last year and everyone else it be-75.came the immediate cause of my failing to graduate. This was 76.my first great catastrophe. By this time I had become Presi-77.dent of the class which only made matters worse. As in every 78.thing else I had even very good in certain courses of study

79.which took my fancy, and with others just the opposite, 80.indolence and indifference, being the rule, So it was that 81.the legend of infallibility I had built up around myself 82.collapsed.

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83. In the ensuing summer I was obliged for the first 84.time to really address myself to the distasteful task of re-85.pairing my failure. Although my diploma was now in hand, it 86.was by no means clear to my grandparents and parents what 87.theyhad better next try to do with me. Because of my interest 88.in scientific matters and the liking I had to fussing with 89.gadgets and chemicals, it had been assumed that I was to be 90.an engineer, and my own learnings were towards the electrical 91.branch of the profession. So I went to Boston and took the 92.entrance examination to one of the leading technical schools 93.in this country. For obvious reasons I failed utterly. It 94.was a rather heartbreaking matter for those interested in me 95.and it gave my self-sufficiency another severe deflation.

96. Finally an entrance was effected at an excellent 97.military college where it was hoped I would really be disci-98.plined. I attended the University for almost three years 99.and would have certainly failed to graduate or come anywhere 100.near qualifying as an engineer, because of my laziness and 101.weakness mathematics. Particularly Calculus, in this 102.subject a great number of formulas have to be learned and 103.the application practiced. I remembered that I absolutely 104.refused to learn any of them or do any of the work whatever

Page 5. 105.until the general principles underlying the subject had 106.been made clear to me. The instructor was very patient, 107.but finally through up his hands in disgust as I began to 108.argue with him and to hint pretty strongly that perhaps he 109.didn't quite understand them himself. So I commenced an in-110.vestigation of the principles underlying Calculus in the 111.school library and learned something of the conceptions of 112.the great minds of Leibneitz and Newton whose genius had 113.made possible this useful and novel mathematical device. 114. Thus armed I mastered the first problem in the textbook and 115.commenced a fresh controversy with my teacher, who angrily, 116.but quite properly, gave me a zero for the course. Fortunate-117.ly for my future at the University, I soon enabled to 118.leave the place gracefully, even heroically, for the 119.United States of America had gone to war.

120. Being students of a military academy school 121.the student boy almost to a man bolted for the first 122.officers training camp at Plattsburgh. Though a bit under 123.age, I received a commission a second lieutenant and got 124.myself assigned to the heavy artillery. Of this I was 125.secretly ashamed, for when the excitement of the day had 126.subsided and I lay in my bunk, I had to confess I did not 127.want to be killed. This bothered me terribly this suspicion 128.that I might be coward after all. I could not reconcile 129.it with the truly exalted mood of patriotism and idealism 130.which possessed me when I hadn't time t o think. It was 138.whaling, trading and Yankee seagoing tradition. Here I made 139.two decisions. The first one, and the best, to marry. Th 140.second decision was most emphatically the worst I ever mad took up with 141.I made the acquaintance of John Barleycorn and decided that

142.I liked it him.

143. <u>My wife to be</u>

144. Here I set out upon two paths and little did I realize 145.how much they were diverge. In short I got married 146.and at about the same time, took my first drink and decided 147.that I liked it. But for undying loyalty of my wife 148.and her faith through the years, I should not be alive today. 149.She was a city bred person and represented a background and 150.way of life for which I had secretly longed. Her family 151.spent long summers in our little town. All of them were 152.highly regarded by the natives. This was most complimentary 153.for among the countrymen there existed strong and often un-154.reasonable prejudices against city folks. For the most 155.part, I felt differently. Most city people I knew had money, 156.assurance, and what then seemed to me great sophistication. 157.and Most of them had family trees. There were servants, 158.fine houses, gay dinners, and all of the other things with 159.which I was wont to associate power and distinction. All 160.of them, quite unconsciously I am sure, could make me feel 161.very inadequate and ill at ease. I began to feel woefully 162. lacking in the matter of poise and polish and worldly know-163.ledge. Though very proud of the traditions of my own people, 164.I sometimes indulged in the envious wish that I had been 165.born under other circumstances and with some of these advan-166.tages. Since then immemorial I suppose the country boyshav 167. thought and felt as I did have thought and felt as I did. 168. These feelings of inferiority are I suspect responsible for 169.the enormous determination many of them have felt to go out 170.to the cities in quest of what seemed to them like true 171.success. Though seldom revealed, these were the sentiments 172.that drove me on from this point.

173. The war fever ran high in the city near my 174.post and I soon discovered that young officers were in 175.great demand at the dinner tables of the first citizens of 176.the place. Social differences were layed aside and every-177.thing was done to make us feel comfortable, happy, and heroic. 178.A great many things conspired to make me feel that I was im-179.portant. I discovered that I had a somewhat unusual power 180.over men on the drill field and in the barracks. I was about 181.to fight to save the world for democracy. People whose 182.station In life I had envied were receiving me as an equal.

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183. My marriage with a girl who represented all of the best 184.things the city had to offer,was close at hand, and last, 185.but not least, I had discovered John Barleycorn, Love, ad-186.venture, war, applause of the crowd, moments sublime and 187.hilarious with intervals hilarious - I was a part of life 188.at last, and very happy.

The warnings of my people, the contempt 189. 190.which I had felt for those who drank, were put aside with 191.surprising alacrity as I discovered what the Bronx cocktail 192.could really do for a fellow. My imagination soared -- my 193.tongue loosened at last - wonderful vistas opened on all 194.sides, but best of all my self consciousness - my gaucheries 195.and my ineptitudes disappeared into thin air. I seemed to 196.the life of the party. To the dismay of my bride I used to 197.get pretty drunk when I tried to compete with more ex-198.perienced drinkers, but I argued, what did it matter, for 199.so did everyone else at sometime before daylight. Then 200.came the day of parting, of a fond leave taking of my brave Τn 201.wife. Amid that strange atmosphere which was the mixture 202.of sadness, high purpose, the feeling of elation that pre-203.cedes an adventure of the first magnitude. Thus many of us 204.sailed for'over there' and none of us knew if we shouldre-205.turn. For a time, loneliness possessed me, but my new 206.friend Barleycorn always took care of that. I had, I thought 207.discovered a missing link in the chain of things that make 208.life worth while.

209. Then w were in dear old England, soon to cross 210.the channel to the great unknown. I stood in Winchester 211.Cathedral the day before crossing hand in hand with head 212.bowed, for something had touched me then I had never felt 213.before. I had been wondering, in a rare moment of sober 214.reflection, what sense there could be to killing and 215.carnage of which I was soon to become an enthusiastic part. 216.Where could the Deity be - could there be such a thing -217. Where now was the God of the preachers, the thought of which 218.used to make me so uncomfortable when they talked about him. 219.Here I stood on the abyss edge of the abyss into which 220.thousands were falling that very day. A feeling of despair 221.settled down on me - where was He - why did he not come-222.and suddenly in that moment of darkness, He was there. I 223.felt an all enveloping, comforting , powerful presence. 224. Tears stood in my eyes, and as I looked about, I saw on the 225.faces of others nearby, that they too had glimpsed the great 226.reality. Much moved, I walked out into the Cathedral yard, 227.where I read the following inscription on a tombstone. 'Here 228.lies a Hampshire Grenadier, Who caught his death drinking 229.small good beer - A good soldier is ne'er forgot, whether 230.he dieth by musket or by pot.' The squadron of bombers 231.swept overhead in the bright sunlight, and I cried to myself 232. 'Here's to adventure' and the feeling of being in the great 233.presence disappeared, never to return for many years. 234. ----

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247.not stand criticism, nor was I much reconciled to my salary, 248.which was only half the pay I had received in the army. When 249.I started to work the railroads were under control of the 250.government. As soon as they were returned my road was re-251.turned to its stockholders, I was promptly let out because I 252.could not compete with the other clerks in my office. I was 253.so angry and humiliated at this reverse that I nearly became 254.a socialist to register my defiance of the powers that be, 255.which was going pretty far for a Vermonter.

To my mortification, my wife went out and got a 257.position which brought in much more than mine had. Being ab-258.surdly sensitive, I imagined that herrelatives an my newly 259.made city acquaintances were snickering a bit at my predica-260.ment.

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Unwillingly, I had to admit, that I was not 261. 262.really trained to hold even a mediocre position. Though 263.I said little, the old driving, obstinate determination to 264.show my mettle asserted itself. Somehow, I would show these 265.scoffers. To complete my engineering seemed out of the quesof 266.tion, partly because/my distaste for mathematics, My only 267.other assets were my war experiences and a huge amount of 268.ill-assorted reading. The study of law suggested itself, and 269.I commenced a three year night course with enthusiasm. Mean-270.while, employment showed up and I became a criminal investi-271.gator for a Surety Company, earning almost as much money as 272.my wife, who spiritedly backed the new undertaking. My day-273.time employment took me about Wall Street and little by 274.little, I became interested in what I saw going on there. 275.I began to wonder why a few seemed to be rich and famous 276.while the rank and file apparently lost money. I began to 277.study economics and business.

278. Somewhat to the dismay of our friends, we moved 279.to very modest quarters where we could save money. When we 280.had accumulated \$1,000.00, most of it was placed in utility 281.stocks, which were then cheap and unpopular. In a small way, 282.I began to be successful in speculation. I was intrigued by 283.the romance of business, industrial and financial leaders be-284.came my heroes. I read every scrap of financial history I 285.could lay hold of. Here I thought was the road to power. 286.Like the boomerang,episode, I could think of nothing else.

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287.How little did I see that I was fashioning a weapon that 288.would one day return and cut me to ribbons.

As so many of my heroes commenced as lawyers, 290.I persisted in the course, thinking it would prove useful. 291.I also read many success books and did a lot of things that 292.Horatio Algers's boy heroes were supposed to have done.

293. Characteristically enough I nearly failed my 294.law course as I appeared at one of the final examinations 295.too drunk to think or write. My drinking had not become 296.continuous at this time, though occasional embarrassing in-297.cidents might have suggested that it was getting real hold. 298.Neither my wife or I had much time for social engagements 299.and in any event we soon became unpopular as I always got 300.tight and boasted disagreeably of my plans and my future.

301. She was becoming very much concerned and fre-302.quently we had long talks about the matter. I waived her ob-303.jections aside by pointing out that red blooded men almost 304.always drank and that men of genius frequently conceived 305.their vast projects while pleasantly intoxicated, adding for 306.good measure, that the best and most majestic contructions of 307.philosophical thought were probably so derived.

308. By the time my law studies were finished, 309.I was quite sure I did not want to become a lawyer. I know 310.that somehow I was going to be a part of that then alluring 311.maelstrom which people call Wall Street. How to get into 312.business there was the question. When I proposed going out

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313.on the road to investigate properties, my broker friends
314.laughed at me. They did not need such a service and pointed
315.out that I had no experience. I reasoned that I was partly qualified
316./as an engineer and as a lawyer, and that practically speaking
317.I had acquired very valuable experience as a criminal investi318.gator. I felt certain that these assets could not be capita319.lized. I was sure that people lost money in securities be320.cause they did not know enough about managements, properties,
321.markets, and ideas at work in a given situation.

Since no one would hire me and remembering that 322. 323.we now had a few thousand dollars, my wife and I conceived 324.the hare-brained scheme of going out and doing some of this 325.work at our own expense, so we each gave up our employment 326.and set off in a motorcycle and side car, which was loaded 327.down with a tent, blankets, change of clothes and three 328.huge volumes of a well known financial reference service. 329. Some of our friends thought a lunacy commission should be ap-330.pointed and I sometimes think they were right. Our first ex-331.ploit was fantastic. Among other things, we owned two shares 332.of General Electric, then selling at about \$300.00 a share. 333. Everyone thought it was too high, but I stoutly maintained 334.that it would someday sell for five or ten times that figure. 335.So what could be more logical than to proceed to the main of-336.fice of the company in New York and investigate it. Naive 337.wasn't it? The plan was to interview ohe officials and get 338.employment there if possible. We drew seventy five dollars

339.from our savings as working capital, vowing never to draw 340.another cent. We arrived at Schenectady, I did talk with 341.some of the people of the to company and became wildly en-342.thusiastic over GE. My attention was drawn to the radio end 343.of the business and by a strange piece of luck, I learned 344.much of what the company thought about its future. I was 345.then able to put a fairly intelligent projection of the 346.coming radio boom on paper, which I sent to one of my brokers 347.in town. To replenish our working capital, my wife and I 348.worked on a farm nearby for two months, she in the kitchen, 349.and I in the haystack. It was the last honest manual work 350.that I did for many years.

351. The cement industry then caught my fancy and we 352.soon found ourselves looking at a property in the Lehigh 353.district of Eastern Pennsylvania. An unusual speculative 354.situation existed which I went to New York and described to 355.one of my broker friend . This time I drew blood in the 356.shape of an option on hundred shares of stock which 357.promptly commenced to soar. Securing a few hundred dollars 358.advance on this deal, we were freed of the necessity of work, 359.and during the coming year following year, we travelled all 360.over the southeast part of the United States, taking in power 361.projects, an aluminum plant, the Florida boom, the Birmingham 362.steel district, Muscle Shoals, and what not. By this time 363.my friends in New York thought it would pay them to really 364.hire me. At last I had a job in Wall Street. Moreover, I

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386.extreme drunkenness, I had not become involved with the fair it 387.sex, there were many unhappy scenes in my apartment, which 388.was a large one, as I had hired two, and had gotten the real 389.estate people to knock out the walls between them.

429.that I was not so weak. I realized that I had been care-430.less, especially with other peoples money. I had not paid 431.attention to business and I deserved to be hurt. After a few 432.some more whiskey, my confidence returned again, and with it 433.an almost terrifying determination to somehow capitalize this 434.mess and pay everybody off. I reflected that it was just 435.another worthwhile lesson and that there were a lot of 436.reasons why people lost money in Wall Street that I had not 437.thought of before.

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438. My wife took it all like the great person she is.
439.I think she rather welcomed it the situation thinking it
440.might bring me to my senses. Next morning, I woke early,
441.shaking badly from excitement and a terrific hangover. A
442.half bottle of Gin quickly took care of that momentary weakas
443.ness and ± soon as business places were open I called a
444.friend in Montreal and said -"Well Dick, they have nailed my
445.hide to the barn door" - said he "The hell they have, come
We
446.on up". That is all he said and up ₩ went.

447. I shall never forget the kindness and generosity 448.of this friend. Moreover I must still have carried one 449.horseshoe with me, for by the spring of 1930, we were living 450.in our accustomed style and I had a very comfortable credit

451.balance on the very security in which I had taken the 452.heaviest licking, with plenty of champaigne and sound 453.canadian whiskey, I began to feel like Napolean returning 454.Melba. Infallible again. No St Helena for me. Accustomed 455.as they were to the ravages of fire water in Canada in those 456.days, I soon began to outdistance most of my countrymen both 457.as a serious and a frivolous drinker.

458. Then the depression bore down in earnest.and 459.I, having become worse than useless, had to be reluctantly 459.Though I had become manager of one of the departments of my 460.friend's business, my drinking and nonchalant cocksureness, 461.had rendered me worse than useless, so he reluctantly let me 462.go. We were stony broke again, and even our furniture 463.looked like it was gone, for I could not even pay next months 464.rent on our swank apartment.

465. We wonder to this day how we ever got out of 466.Montreal. But we did, and then I had to eat humble pie. We

467.went to live with my Father and Mother-in-law where we 468.happily found never failing help and sympathy. I got a 469.job at what seemed to be a mere pittance of one hundred 470.dollars a week, but a brawl with a taxi driver , who got 471.very badly hurt, put an end to that . Mercifully, no one 472.knew it, but I was not to have steady employment for five 473.years, nor was I to draw a sober breath if I could help it. Great was my humiliation when my poor wife was 474. 475.obliged to go to work in a department store, coming home ex-476.hausted night after night to find me drunk again. I became 477.a hanger-on at brokerage shops, but was less and less wel-478.come as my drinking increased. Even then opportunities to 479.make money pursued me, but I passed up the best of them by 480.getting drunk at exactly the wrong time. Liquor had ceased 481.to be a luxury; It had become a necessity. What few 482.dollars I did make were devoted to keeping my credit good at 483.the bars. To keep out of the hands of the police and for 484.reasons of economy, I began to buy bathtub gin, usually two 485.bottles a day, and sometimes three if I did a real workman-486.like job. This went on endlessly and I presently began to 487.awake real early in the morning shaking violently. Nothing 488.would seem to stop it but a water tumbler full of raw liquor. 489.If I could steal out of the house and get five or six 490.glasses of beer, I could sometimes eat a little breakfast. 491. Curiously enough I still thought I could control the situation the 492.and there were periods of sobriety which would revive a flag-493.ging hope of my wife and her parents. But as time wore on 494.matters got worse. My mother-inlaw died and my wife's health 495.became poor, as did that of my Father-in-law. The house in 496.which we lived was taken over by the mortgage holder. Still 497.I persisted and still I fancied that fortune would again shine 498.upon me. As late 1932 I engaged the confidence of a man 499.who had friends with money. In the spring and summer of that 500.year we raised one hundred thousand dollars to buy securities

501.at what proved to be an all time low point in the New York 502.stock exchange. I was to participate generously in the 503.profits, and sensed that a great opportunitywas at hand. So 504. Page 19. 505.prodigous bender a few days before the deal was to be 506.closed.

507. In a measure thsi did bring me to senses. 508.Many times before I had promised my wife that I had stopped 509.forever. I had written her sweet notes and had inscribed 510.the fly leaves of all the bibles in the house with to that Not that the bible meant so much, but after all 511.effect. 512.it was the book you put your hand on when you were sworn in 513.at court. I now see, however, that I had no sustained de-514.sire to stop drinking until this last debacle. It was only 515.then that I realized it must stop and forever. I had come 516.to fully appreciate that once the first drink was taken, 517.there was no control Why then take this one? That was it-518.never was alcohol to cross my lips again in any form. There 519.was, I thought, absolute finality in this decision. I had 520.been very wrong, I was utterly miserable and almost ruined. 521. This decision brought a great sense of relief, for I knew 522.that I really wanted to stop. It would not be easy, I was 523.sure of that, for I had begun to sense the power and cunning 524.of my master - John Barleycorn. The old fierce determination 525.to win out settled down on me - nothing, I still thought, 526.could overcome that aroused as it was. Again I dreamed 527.of my wife smiling happily, as I went out to slay the dragon. 528.I would resume my place in the business world and recapture 529.the lost regard of my fiends and associates. It would take 530.a long time, but I could be patient. The picture of myself 531.as a reformed drunkard rising to fresh heights of achive-532.ment, quite carried me away with happy enthusiasm. My wife 533.caught the spirit for she saw at last that I really meant 534.business.

But in a short while I came in drunk. I could 536.give no real explanation for it. The thought of my new re-537.solve had scarcely occurred to me as I began. There had 538.been no fight - someone had offered me a drink, and I had 539.taken it, casually, remarking to myself that one or two 540.would not harm a man of my capacity. What had become of my 541.giant determination? How about all of that self searching I 542.had done? Why had not the thought of my past failures and 543.my new ambitions come into my mind? What of the intense de544.sire to make my wife happy? Why hadn't these things - these 545.powerful incentives arisen in my mind to stay my hand as I 546.reached out to take that first drink? Was I crazy? I hated 547.to think so, but I had to admit that a condition of mind re-548.sulting in such an appalling lack of perspective came pretty 549.near to being just that.

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550. Then things were better for a time. I was 551.constantly on guard. After two or three weeks of sobriety 552.I began to think I was alright. Presently this quiet con-553.fidence was replaced by cocksureness. I would walk past my 554.old haunts with a feeling of elation - I now fully realized 555.the danger that lurked there. The tide had turned at last -556.and now I was really through. One afternoon on my way home 557.I walked into a bar room to make a telephone call, suddenly 558.I turned to the bartender and said "Four isrish whiskies -559.water on the side" - As he poured them out with a surprised 560.look, I can only remember thinking to myself - "I shouldn't 561.be doing this, but here's how to the last time". As I 562.gulped down the fourth one, I beat on the bar with my fist 563.and said for "God's sake, why have I done this again?" Where 564.had been my realization of only this morning as I had 565.passed this very place, that I was never going to drink again 566.I could give no answer, mortification and the feeling of 567.utter defeat swept over me. The thought that perhaps I 568. could never stop crushed me. Then as the cheering warmth 569.of these first drinks spread over me, I said - "Next time 570.I shall manage better, butwhile I am about it, I may as 571.well get good and drunk". And I did exactly that. I shall never forget the remorse, the horror 572. 573.the utter hopelessness of the next morning. The courage to

573.the utter hopelessness of the next morning. The courage to 574.rise and do battle was simply not there . Before daylight 575.I had stolen out of the house, my brain raced uncontrollably. 576.There was a terrible feeling of impending calamity. 577.feared even to cross a street, less I collapse and be run 578.over by an early morning truck. Was there no bar open? Ah, 579.yes, there was the all night place which sold beer - though 580.it was before the legal opening hour, I persuaded the man be-581.hind the food counter that I must have a drink or perhaps die

612.floor which was at the ground level. I had stopped drinking 613.a few hours before and hung grimly to my determination that 614.I could have no more that night if it killed me. That very 615.nearly happened, but I was finally rescued by a doctor who 616.prescribed chloral hydrate, a powerful sedative. This reliev-617.ed me so much that next day found me drinking apparently 618.without the usual penalty, if I took some sedative occasion-619.ally. In the early spring of 1934 it became evident to

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620.everyone concerned that something had to be done and 621.that very quickly. I was thirty pounds underweight, as I 622.could eat nothing when drinking, which was most of the 623.time. People had begun to fear for my sanity and I fre-624.quently had the feeling myself that I was becoming deranged. With the help of my brother-in-law, who is a 625. 626.physician I was placed in a well known institution for the 627.bodily and mental rehabilitation of alcoholics. It was 628.thought that if I were thoroughly cleared of alcohol and 629.the brain irritation which accompanies it were reduced, I 630.might have a chance. I went to the place desperatly hoping 631.and expecting to be cured. The so-called bella donna 632.treatment given in that place helped a great deal. My mind 633.cleared and my appetite returned. Alternate periods of 634.hydro-therapy, mild exercise and relaxation did wonders for 635.me. Best of all I found a great friend in the doctor who 636.was head of the staff. He went far beyond his routine duty 637.and I shall always be grateful for those long talks in which 638.explained that when I drank I became physically ill and that 639.this bodily condition was usually accompanied by a mental 640.state such that the defense one should have against alcohol 641.became greatly weakened, though in no way mitigating my 642.early foolishness and selfishness about drink, I was greatly 643.relieved to discover that I had really been ill perhaps for 644.several years. Moreover I felt that the understanding and 645.fine physical start I was getting would assure my recovery, 646. Though some of the inmates of the place who had been there 647.many times seemed to smile at that idea. I noticed however 648.that most of them had no intention of quitting; they merely 649.came there to get reconditioned so that they could start in I, on the contrary, desperately wanted to stop and 650.again. 651.strange to say I still felt that I was a person of much more 652.determination and substance than they, so I left there in 653. high hope and for three or four months the goose hung high. 654. In a small way I began to make some progress in business. 655. Then came the terrible day when I drank again 656.and could not explain why I started. The curve of my de-657.clining moral and bodily health fell of like a ski jump. 658.After a hectic period of drinking, I found myself again in

680.Everyone became resigned to the certainty that I 681.would have to be confined somewhere ore else stumble 682.along to a miserable end, but there was soon to be 683.proof that indeed it is often darkest before dawn, 684.for this proved to be my last drinking bout, and I am 685.supremely confident that my present happy state is to be 686.for all time.

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687. Late one afternoon near the end of that 688.month of November I sat alone in the kitchen of my home. 689.As usual, I was half drunk and enough so that the keen 690.edge of my remorse was blunted. With a certain satis-691.faction I was thinking that there was enough gin se-692.creted about the house to keep me fairly comfortable 693.that night and the next day. My wife was at work and I 694.resolved not to be in too bad shape when she got home. 695.My mind reverted to the hidden bottles and at I carefully 696.considered where each one was hidden. These things must 697.be firmly in my mind to escape the early morning tragedy 698.of not being able to find at least a water tumbler full 699.of liquor. Just as I was trying to decide whether to risk 700.concealing one of the full ones within easy reach of my 701.side of the bed, the phone rang.

702. At the other end of the line Over the 703.wire came the voice of an old school friend and drinking 704.companion of boom times. By the time we had exchanged 705.greetings, I sensed that he was sober. This seemed 706.strange, for it was years since anyone could remember his 707.coming to New York in that condition. I had come to think 708.of him as another hopeless devoteeof Bacchus. Current 709.rumor had it that he had been committed to a state institu-710.tion for alcoholic insanity. I wondered if perhaps he had 711.not just escaped. Of course he would come over right away 712.and take dinner with us. A fine idea that, for I then 713.would have an excuse to drink openly with him. Yes,we 714.would try to recapture the spirit of other days and per-715.haps my wife could be persuaded to join in, which in self 716.defense she sometimes would. I did not even think of the 717.harm I might do him. There was to be a pleasant, and I

753.alcoholic crackpot - this fall, washed in the blood of the 754.Lamb. heavens, that might be even worse. I was thunder-755.struck, and he, of all people. What on earth could one

785.describe and others pretend to have.

786. He went on to lay before me a simple 787. proposal. It was so simple and so little 788. complicated with the theology and dogma 789. I had associated with religion that by 790. degrees I became astonished and delighted. 791. I was astonished because a thing so simple 792. could accomplish the profound result I now 793. beheld in the person of my friend. To say that I was delighted is putting it mildly , for I 794. 795. relized that I could go for his program also. 796. Like all but a few u human beings I had truele 797. believed in the existence of a power greater 798. than myself true athiests are really very scarce. 799. It always seemed to me more difficult and ilogical 800. to be an athiest than to believe there is a certain amount of law and order and purpose 801. 802. underlying the universe. The faith of an athiest 803. in his convictions is far more blind then that of the religionist for it leads inevitably to 804. 805. the absurd conclusion that the vast and ever 806. changing cosmos originally grew out of a cipher, 807. and now has arrived at its present state thru 808. a series of haphazard accidents, one of which is man himself. My liking for things scientific 809. 810. had encouraged to look into such matters as 811. a theory of evolution he nature of matter itself 812. as seen thru the eyes of the great chemists physicists and astronomers and I had pondered 813. 814. much on the question of the meaning of life itself. 815. The chemist had shown me that material matter 816. is not all what it appears to be. His studies point to the conclusion that the eliments and there 817. meriad combinations are but in the last last 818. 819. analysis nothing but different arrangements 820. of that universal something which they are pleased to call the electron. The physist and the 821. 822. astronomer had shown me that our universe . 823. moves and evolves according to many precise 824. and well understood laws. They tell me to the

825. last second when the sun will be next eclipsed 826. at the place I am now standing, or the very day 827. several decades from now When Hallyes comet 828. will make its turn about the sun. Much to my 829 * interest I learned from these men that great 830. cosmic accidents occur bringing about conditions 831. which are not exceptions to the law so much 832. as they result in new and unexpected developements which arise logically enough once the so called 833. 834. accident has occured. It is highly probable for 835. example-that our earth is the only planet in the solar system upon which man could evolve - and $\pm t$ 836 is claimed by some astronomers that the chance 837. that similar planets exist elsewhere in the universe 838. 839. is rather small. There would have to be a vast number of coincidences to bring about the exact 840. 841. conditions of light, warmth, food supply, etc. 842. to support life as we know it here. But I used to 843. ask myself8why regard the earth as an accident in a system which evidences in so many respects the 844. greatest law and order' If If all of this law 845. 846. existed then could there be so much law and no intelligence? And if there was an intelligence 847. 848. great enough to materialize and keep a universe in 849. order it must necessarily have the power to create accidents and make exceptions. 850.

The evolutionist brought great logic to bear 851. on the proposition that life on this planet began 852. with the lowly omebia , which was a simple cell 853. 854. residing in the oceons of Eons past. Thru countless 855.& strange combinations of logic and accident man 856. and all other kinds of life evolved but man possessed 857 a conscioness of self, a power to reason and to 858. choose , and a small still voice which told him the difference between right and wrongand man became 859. increasingly able to fashion with his hands and 860. with his tools the creations of his own brain . 861. 862. He could give direction and purpose to natural laws apparently 863. and so he, created new things for himself and of

864. and do he apparently created new things for himself an

867. out of a tissue composed of his past experience and his new ideas. Therefore man tho' resembling 868. 869. other forms of life in many ways seems to me 870. very different. It was obvious that in a limited 871. fashion he could play at being a God himself . Such was the picture I had of myself and the 872. 873. world in which I lived, that there was a mighty 874. rythm, intelligence and purpose behind it all 875. despite inconsistencies. I had rather strongly 876. believed.

877 But this was as far as I had ever got toward the realization of God and my personal relationship 878. 879. to Him. My thoughts of God were academic and speculative when I had them, which for some years 880. past had not been often. That God was an inteligence 881. 882. power and love upon which I could absolutely rely 883. as an individual had not seriously occured to me. Of course I knew in a general way what theologians 884. claimed but I could not see that religous persons 885. as a class demonstrated any more power, love and 886. 887. intelligence than those who claimed no special 888. dispensation from God tho' I grant de that 889. christianity ought to be a wonderful influence I was annoyed, irked and confused by the attitudes 890. they took, the beliefs they held and the things 891. they had done in the name of Christ,. People like 892. 893. myself had been burned and whole population put to fire and sword on the pretext they did not 894. 895. believe as christians did. History taught that 896. christians were not the only offenders in this 897. respect. It seemed to me that on the whole 898. it made little difference whether you were

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Mohamadem, Catholic, Jew, Protesant or Hotentot. 899. 900. You were supposed to look askance at the other 901. fellews approach to God. Nobody could be saved 902. unless they fell in with your ideas. I had a 903. great admiration for Christ as a man, He practised what he preached and set a marvelous example. 904. 905. It was not hard to agree in Principle with 906. His moral teachings bit like most people, I perfered 907. to live up to some moral standard but not to others. 908. At any rate I thought I understood as well as any 909. one what good morals were and with the exceptions of my drinking I felt superior to most christians 910. I knew. I might be week in some respects but at 911. least I was not hypocritical, So my interest in 912. 913. christianity other than its teaching of moral 914. principles and the good I hoped it did on 915. balance was slight.

916. Sometimes I wished that I had been religiously 917. trained from early childhood that I might have the comfortable assurance about so many things I found 918. it impossible to have any definate convictions 919. 920. upon. The question of the hereafter, the many 921. theological abstractions and seeming contradictions 922. - these things were puzzling and finally annoying 923. for religious piople told me I must believe a great many seemingly impossible things to be one 924.

926. of them. This insistance on their part plus a 927. powerful desire to posess the things of this life 928. while there was yet time had crowded the idea of 929. the personal God more and more out of my mind as the 930. years went by. Neither were my convictions strengthea 931. by my own misfortunes. The great war and its 932. aftermath seemed to more certainly demonstrate the 933. omnipotence of the devil than the loving care of

934. an all powerful God

935. Nevertheless here I was sitting opposite a 936. man who talked about a personal God who told me 937. how hw had found Him, who described to me how I 938. might do the same thing and who convinced me 939. utterly that something had come into his life 940. which had accomplished a miracle. The man was 941. trasformed ; there was no denying he had been re-942. born. He was radiant of something which soothed 943. my troubled spirit as tho the fresh clean wind of 944. mountain top blowing thru and thru me I saw and 945. felt and in a great surge of joy I realized 946. that the great presence which had made itself felt 947. to me that war time day in Winchester Cathedral 948. had again returned.

As he continued I com menced to see myself as in 949. 950. as in an unearthly mirror. I saw how ridiculous and 951. futile the whole basis of my life had been. Standing in 952. the middle of the stage of my lifes setting I had been 953. feverishly trying to arrange ideas and things and people 954. and even God, to my own liking, to my own ends and to 955. promote what I had thought to be true happiness. It was 956. truly a sudden and breath taking illumination. Then the 957. idea came - " The tragic thing about you is, that you 958. have been playing God." That was it. Playing God. Then 959. the humor of the situation burst upon me, here was I a 960. tiny grain of sand of the infinite shores of Gods great 961. universe and the little grain of sand, had been trying 962. to play God. He really thought he could arrange all of 963. the other little grains about him just to suit himself. 964. And when his little hour was run out, people would 965. weep and say in awed tones-' How wonderful'. 966. So then came the question - If I were no 967. longer to be God than was I to find and perfect 968. the new relationship with my creator - with the Father 969. of Lights who presides over all ? My friend laid down 970. to me the terms and conditions which were simple but 971. not easy, drastic yet broad and acceptable to honest

1009. was warned that no one can say that he is a completely honest

1010. person. That would be superhjman and peiple aren't that way. 1011. Nor should I be misled by the thought of how honest I am in 1012. some particulars. I was too ruthlessly tear out of the past all 1013. of my dishonesty and list them in writing. Next I was to explore 1014. another area somewhat related to the first and commonly a very 1015. defective one in most people. I was to examine my sex conduct 1016. since infancy and rigorously compare it with what I thought that 1017. conduct should have been. My friend explained to me that peoples 1018. ideas throughout the world on what constitutes perfect sex conduct 1019. vary greatly Consequently, I was not to measure my defects in this 1020. particular by adopting any standard of easy virtue as a measuring 1021. stick, I was merely to ask God to show me the difference between 1022. right and wrong in this regard and ask for help and strength and 1023. honesty in cataloguing my defects according to the true dictates 1024. of my own conscience. Then I might take up the related questions 1025. of greed and selfishness and thoughtlessness. How far and in what 1026. connection had I strayed and was I straying in these particulars? 1027. I was assured I could make a good long list if ^I got honest enough 1028. and vigorous enough. Then there was the question of real love for 1029. all of my fellows including my family, my friends and my enemies 1030. Had I been completely loving toward all of these at all times 1031. and places. If not, down in the book it must go and of course 1032. everyone could put plenty down along that line. (Resntments, self pity, fear, pride.)

1033. my friend pointed out that resentment, self-pity, fear, in-1034. feriority, pride and egotism, were thingsx attitudes which 1035. distorted ones perspective suc and usefulness to entertain such 1036. sentiments and attitudes was to shut oneself off from God and 1037. people about us. Therefor it would be necessary for me to 1038. examine myself critically in this respect and write down my 1039. conclusions.

1040. Step number three required that I carefully go over my 1041. personal inventory and definatly arrive at the conclusion that 1042. I was now willing to rid myself of all these defects moreover 1043. I was to understand that this would not be accomplished by

1045. myself alone, therefore I was to humbly ask God that he take 1046. these handicaps away. To make sure that I had become really 1047. honest in this desire, I should sit down with whatever person 1048. I chose and reveal to him without any reservations whatever 1049. the result of my self appraisel. From this point out I was 1050. to stop living alone in every particular. Thus was I to $\frac{1}{1000}$ keep 1051. myself free in the future of those things which shut out 1052. God's power, It was explained that I had been standing in my 1053. own light, my spiritual interior had been like a room darkened 1054. by very dirty windows and this was an undertaking to wipe them 1056. complished, it would be difficult to be really honest with my-1057. self and God and perhaps to be completely honest with another 1058. person by telling an other the truth, I could however be ab-1059. solutely sure that my self searching had been honest and effective. 1060. Moreover I would be taking my first spiritual step towards my 1061. fellows for something I might say could be helpful in leading 1062. the person to whom I talked a better understanding of himself. 1063. In this fashion I would commence to break down the barriers 1064. which my many forms of self will had erected. Warning was 1065. given me that I should select a person who would be in ho way 1066. injured or offended by what I had to say, for I could not expect 1067. to commence my spiritual growth at the w expense of another. 1068. My friend told me that this step was complete, I would surely 1069. feel a tremendous sense of relieve accompaning by the absolute

1107. one is not usually angry or critical of another when he 1108. suffers from some grave bodily illness and I would how 1109. presently see senseless and futile it is to be disturbed 1110. by those burdened by their own wrong thinking . I was to 1111. entertain towards everyone a quite new feeling of tolerance 1112. patience and helpfulness I would recognize more and more 1113. that when I became critical or resentful I must at all 1114. costs realize that such things were very wrong in me 1115. and that in some form otro or other I still had the very 1116. defects of which I complained in others. Much emphasis 1117. was placed on the development of this of mind toward others. 1118. No stone should be left unturned to acheive this end. 1119. The constant practice of this principle frequently ask-1120. ing God for His help in making it work under trying 1121. circumstances was absolutely imperative . The drunkard 1122. espicially had to be most rigorous on this point for one 1125. burst of anger or self pity might so shut him out from his 1124. new found strength that he would drink again and with us 1125. that always means calamity and sometimes death. This was indeed a program, the thought of some of the 1126. to 1127. things I would have admit about myself to other people 1128. was most distasteful - even appalling. It was only to o 1129. plain that I had been ruined by my own colosal egotism 1130. and selfishness, not only in respect to drinking but with 1131. regard to everything else. Drinking had been a simptom 1132. of these things. Alcohol had submerged my inferiorities 1135. and puffed up my self esteem, body had finally rebelled 1134. and I had some fatally affeated , my thinking and action 1135. was weefully distorted thru infection frim the mire of 1136. self pity, resentment, fear and remorse in which I now 1137. wallowed . The motive behing a certain amount of generosity, 1138. kindness and the meticulous honesty in some directions 1139. upon which I had prided myseld was not perhaps not so 1140. good after all. The motive had been to get personal 1141. satisfaction for myself, perhaps not *intirely* but on the 1142. whole this was true. I had sought the glow which comes applause

1143. with thexflaws and **Praise** rendered me by others.

1173. would have added little or nothing to anyones peace, 1174. happiness or usefulness. I began to see that the clashing 1175. ambitions and designs of even those who sought what to them 1176. seemed worthy ends , have filled the world with discord and 1177. misery . Perhaps people of this sort created more havoug 1178. havoc than those confessedly imoral and krucked croocked 1179. I saw even the most useful people die unhappy and defeated. 1180. All because some one else had behaved badly or they had

[archivist's note: the rest of this manuscript is currently missing]